understand the need to work within our own communities, we believe in starting small with lots of energy and because Coffee Creek has proved to be a hotbed for abuse and deception.

The Anarchist Prisoners' Legal Aid Network

The Anarchist Prisoner's Legal Aid Network (APLAN) is a prisoner-guided initiative, formed to provide legal aid and outside support for imprisoned anarchists. We believe that anarchists need to support those who are arrested and already in jail. This isn't always easy, yet is a challenge our movement needs to take on.

There are dozens of anarchists in prison, many of whom face abuses by the prison authorities. Some are even held in segregation units with violent white racists. We can fight repressive action taken against anarchist prisoners, but it will take effort from inside and outside the prisons to do this.

Anarchist prisoners can contribute to struggles on the outside, but need outside contact to do this. APLAN aims to facilitate these efforts and thus strengthen anarchist practice as a whole.

We hope to provide sound legal advice and aid for anarchist prisoners. This support for imprisoned comrades is not based upon respect for the judicial apparatus, but is provided in the spirit of mutual aid and solidarity in struggle. The sharing of research material and resources will be an immediate goal. We welcome contact with those who have specific knowledge of legal matters.

We hope for broad involvement, in multiform ways, from throughout the anarchist movement. Write for information about current activities and how to get involved.

Anarchist Prisoners' Legal Aid Network 818 SW 3rd Ave. PMB 354 Portland, OR 97204

PRISONERS' PRESOURCE GUIDE

Compiled for Wild flowers & APLAN
March 2003

Wildflowers 818 SW 3rd ave. PMB #354 Portland, OR 97204

Clearly the United States Prison Systems are at the greatest level of oppression and abuse against women. Women prisoners are the fastest growing population in jail/prison. in 1970, 5,600 women were incarcerated in federal and state prison. At year end 2000, 91,612 women were in state and federal prison, making up 6.6% of the total prison population.

Women in prison struggle against greater unjust conditions than male prisoners. Women are subjected to over crowded and ill-equipped facilities (there is only one prison for incarcerated women in the state of Oregon), underfunded educational and vocational programs (most of which are designed by and for men), extremely poor medical care (rarely do women receive even the most basic gynecological care) and routine sexual harassment by male staff and guards. life for women prisoners is a struggle and constant battle. Women in prison must fight for their daily existence and their basic necessities. Every woman incarcerated is a warrior, a survivor and an inspiration.

This resource guide is for her, for you. To aide you in your struggle. To help you find the resources and support that you deserve. This guide is for your hope, a TY reminder that you are not alone. A reminder that we are all in solidarity and struggle with you.

Please let us hear from you if any of the information in this guide is incorrect, if you have any additions and if you are disappointed in any way with a group or program Stay strong, stay hopeful, keep fighting. We are out here for you.

-wild flowers collective

Women Prisoners' Organizations Activist for Women in Prison P.O. BOX 1733 Portland, OR 97207

Break the Chains c/o Lilly T. 0. Box 11331 Eugene, Or 97440 breakthechainsO2@yahoo.com Women's Prison Book Project

c/o Arise Bookstore 2441 Lyndale Avenue South Minneapolis, MN 554405 615-729-5845

Prison is patriarchy. Women unite and resist! iInterested in corresponding with a woman on the outside? Join up with the Coffee Creek Radical Women's Correspondence project by filling out the bottom of this sheet and returning it to:

break the chains

C/o lily

p.o. box 11331 eugene, or 97440

OŘ

APLAN

818 SW 3rd

PMB #354

portland, or

97204

This is is a project for those who identify as women.

Coffee Creek Ladies

Want a pen pal or just get a few notes from women on the outside? You don't have to be a a radical woman! Just tell us a bit about yourself below and we'll see what we can do. We will make your name and sid # known to some women on the outside who have expressed interest in corresponding with women on the inside. Mind that we will try to connect you with women on the outside but we can't promise that all women will write to you consistently or even, at all. In the event that your pen pal drops out, write us again!

Name

SID# Interests

Needs

Why do you want a pen pal?

And the last bit is totally optional, but we have found that a common first question in in this area is: are you in for?

The Coffee Creek Radical Women's Correspondence Project is a project connecting women on the outside with women on the inside. It is an effort to educate and inspire both the incarcerated woman and the 'free' woman. We chose to work with and for women as an act of solidarity; and to recognize that women's struggles, especially in prison work, are often quite different from those of men. Furthermore, we recognize the initial and valid trepidation's some women may have about working with incarcerated men. This project is focused on women in Oregon for three reasons: we

Transsexuals in Prison c/o Mrs. Patricia Fisher CP 293 Suce Cote des Neiges Blvd. Montreal, Quebec H3SD 236 CANADA

Book Projects Books through Bars c/o Black Stockings Bookstore 172 Allen Street New York, NY 10002

Books through Bars New Society Publishing 4,722 Baltimore Avenue Philadelphia, PA 19143 (no books to OR prisons)

Books through Bars of ithaca Autumn Leaves Used Books C/o OAR 115 The Commons Ithaca, NY 14850 (NY only) 6072738239

Books to PrisonersPDX P.O. Box 11222 Portland, OP. 97211 pdxbookstoprisoners@hotmail.com

Books to Prisoners c/o Left Bank Books 92 Pike Street Seattle, 7Y4 98101

The Prison Book Program c/o Lucy Parsons Center Bookstore 549 Columbus Avenue Boston, MA 02118-1125 6172676272 phone

31 Montford Asheville, NC 28801

Prison Library Project P.M.B. 128 915-C West Foothill Blvd. Claremont, CA 91711-3356 California Coalition for Women Prisoners A Project of Network on Women in Prison 1540 Market Street, ROOM 490 San Francisco, CA 94102 4152557036 X. 4

info@womenprisoners.org P. 0. BOX 34 19 6

San Diego, CA 92153
Newsletter The Fire Inside

Annual protests
Organize visits to women prisoners in CA
Advocate for women prisoners

California Coalition for Battered Women in Prison 1540 Market Street, Suite 490 San Francisco, CA 94102

Nevada Empowered Women Project

428 Hill Street, #200 Reno, NV 89501 7753489566 phone 7553487478 fax newplisa@earthlink.net

3135 Industrial Road, Suite 200 las Vegas, NV 89109 7023693234 phone 7027911992 fax newplv@earthlink.net

Prison Activist Resource Center P. 0. BOX 3201 Berkeley, CA 94703

Sojourner. The Women's Forum 42 Seaverns Avenue Jamaica Plain MA 02130

6175240415

Newspaper Response Guide Pen Pal program

Women Embracing Freedom Together (WEFT)

Contact: Lora Wetzel P. 0. BOX 1733 Portland, OR 97207 womenprison@aol.com Western Prison Project Contact: Brigette Sarabi P.O. BOX 40085 Portland, OR 97240 (503) 3358449 info@westernprisonproiect.org

Women in Prison 22 Highbury grove London N5 ZEA

Women's Project 2224 South Main Street little Rock, AX 72206

Women Prisoner Legal Aid APLAN Anarchist Prisoner Legal Aid Network 818 SW 3" Avenue PMB#354 Portland OR 97212

Battered Women's Clemency Project (ACLU) 1980 Alhambra Ann Arbor, MI 48103 7346620776 phone jacobsen@umich.edu

Chicago Legal Advocacy for Incarcerated Mothers (CLAIM) 220 South State Street, #830 Chicago, IL 606O4 3123325537 phone 3123322570 fax infor@claim.org

Legal Services for Prisoners with Children 1540 Market Street, Suite 490 San Francisco, CA 94102 4152557036 phone info@prisonerswithchildren.org

LincolnPeters Defense Alliance c/o Mendocino Environmental Center 106 West Stanley Street Ukiah, C'A 95482 7074681660 phone 7074622370 fax mec@pacific.net Prison Art Newsletter F. 0 Box 31 15 74 San Francisco, CA 94131-0574

Women in Prison, A Newspaper 861 Gray Avenue Suite N-220 Yuba city, CA 95991

Lesbian/BiSexual/Transgender Gay & Lesbian Prisoners Project 29 Stanhope Street Boston, MA 02116

League for Lesbians and Gay Prisoners 1202 East Pike Street, #1044 Seattle, WA 98122

outside IN P. 0. BOX 5714 Santa Fe, NM 87502

PASAN 489 College Street, Suite, 500 Toronto, Ontario M6G IA5 CANADA

People Organized to Stop Rape of Prisoners P.O. BOX 632 Ft. Bragg, CA 95437

Prison Project c/o Diedra Farmer P.O 'BOX 1224 Boston, NA 02117

QUISP 520 Hudson Street, #134 New York, 34Y 10014

Trans/gender Variant in Prison committee California Prison Focus 2940 16th Street #307 San Francisco, CA 94103 4152529211 Fax: 4152529311 caoimhin33@yahoo.com National Prison Hospice Association T. 0. BOX 3769 Boulder, CO 80307-3769 3035445923 phone

Natural Health Prison Project 32 Greenwood Avenue, #4 Quincy, NA 021702620

Psychiatric Inmates Rights Collective 615 Gilroy Drive, #1 Capitola, CA 9555010

Women in Prison Health Packet Oberlin Action Against Prisons P.O. BOX 285 Oberlin OH 44074

Women Prisoners Convicted by Drugging c/o Norma Stafford P.O. BOX 1926 Clearlake, CA 95422

Publications Break the Chains P.O. BOX 11331 Eugene, OR 97440

The Fire Inside Newsletter California Coalition for Women Prisoners 1540 Market Street, ROOM 496 San Francisco, CA 94102

Out of Time c/o out of Control 3543 18th Street, BOX 30 San Francisco, CA 94110 outoftime@jgc.org

Feminary Box 954 Chapel Hill NC 27514

Off Our Backs 2423 16th Street NW, 2nd Floor Washington D.C. 20009 National Clearinghouse for Defense of Battered Women 125 South 9" Street, Suite 302 Philadelphia, PA 19107 2153510010 phone 2153510779 fax Help, assistance and support for battered women National Women's Law Center 11 Dupont Circle, #800 Washington, D.C. 20036

11 Dupont Circle, #800 Washington, D.C. 20036 2025885180 phone 2025885185 fax www.nwlc.org

Pregnant Women/Mother Prison Resources Aid to Imprisoned Mothers(AIM) 524 Larkin Street SW Atlanta, GA 30313-1210

Aid to imprisoned Mothers(AIM) P.O. Box 986 Montgomery, AL 36101-0986 8006790246

Families Against Mandatory Minimums 1612 K Street, Suite 700 Washington, D.C. 20006 2028226700 phone 2028226704 fax www.famm.org

Oregon Chapter Contact: Lorraine Heller 9601 Leahy Rd, #301 Portland, OR 97229 lorraine@trilliumhollow.org

Family Net 300 Santa Isabel, Suite C Costa Mesa, CA 926271431

Family Reentry, Inc. 9 Mott Avenue, Suite 104 Norwalk, CT 06850

Mothers Reclaiming Our Children 4167 S. Normandie Avenue Los Angeles, CA 90037 ProFamily Advocates

Prisoner Advocacy Organization P. 0. BOX 17892 Long Beach, CA 90807

South Carolina Advocates for Pregnant Women

PMB 243, 164D Market Street Charleston, SC 294011984 8435790637 phone scapw@scapw.org

Women's Care Inc.

1841 Broadway, Suite 715 New York, NY 10023

Art/Writing Programs
Art Behind Bards

Art Behind Bards P.O. BOX 2034 Key West, FL 33040 3052947345 phone www.artbehindbars.com.

Con-Art

P. O. 23OX 971471 Weipahu, Hi 96797

Inner Voices

P. O. BOX 4500, #219 Bloomington, IN 47402

Inmate Centers of America

P. 0. BOX 1673 Glen Burnie, MD 21060

The Prisoners Advocate/Art From the inside

P.O. BOX 1651 Sacramento, CA 95812 2038380496

Prisoners literature Project

c/o Bound Together Books 1369 Haight Street San Francisco, CA 94117

Prisoner Art Project

C/o ABCF L.A, ABCSG P. 0. BOX 3671 Anaheim, CA 928033671 Prison Creative Arts Project

CIO Jesse Jannetta, PLAP Administrator 3150 Angell Hall Ann Arbor, MI 481 109 7346477673 phone

Sojourner. The Women's Forum

42 Scaverns Avenue Jamaica Plain, NA 02130 6175240415

> Newspaper Response Guide Pen Pal program

Women's Health: Mental/Physical CA Alliance for the Mentally Ill/ Criminal Justice Advisory Group

263 Argonne, B104 Long Beach, CA 90803

Health Resource Center

372 Main Street Beacon, NY 12508

Helping Everyone Share Healthy Emotions Anonymous

P.O. BOX 1752 Keene, NH 03431 heshe@together.net

International Incest Survivors Resource Network

P. 0. Box 7375 Las Cruces, NM 88006-7375

Jail Psychiatric Services

984 Folsom Street San Francisco, CA 94JO3 4154875601

The Light House-A Center for Healing

421 SW Washington ST.
Hillsboro, OR 97123
5035472843
(Post-release healing trograms for WA Comments)

(Post-release healing programs for WA County & OR inmates only)

National Association for Rights, Protection & Advocacy P.O. Box 16311

Rumford, Al 02916