

just me, the way I am! All my life I have challenged things I did not believe in and I have moved from place to place calling all places home since I never had one as a child, that is why I consider everyone who reads this and does what they do to change the environment my family and the only family I know are those who have had the same type of life as me, one of rejection and the fight for Love, Respect and acceptance. So.. MY Brothers, Sisters, Friends, Allies... FAMILY, TAKE care, be respectful to each other and grow strong, but most of all, Go forth and change your worlds!

IN LOVE, Solidarity
and RESPECT

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Enter The Cathouse.

By: Catherine Lynn Quick

A new perspective on the Prison &
Detention, Transsexual issue #2

Welcome my Sisters, Brothers, Friends and supports to issue #2, I hope you find the insights in this issue beneficial to you and your lives.

There is many bad things happening in the prison system since they began arresting and imprisoning Crack users and gang members; and one of the Major issues that needs to be addressed is Respect!

Respect by its definitions means a feeling of honor, esteem, regard, care, consideration partiality for the person to whom it is directed or the ideas and feelings of that person.

The problem is alot of those mentioned above who by the nature of their lives are lacking in Education and who think they are the sole imbdjment of importance of said many times... this or that person disrespected them because simply they did not get their way. This is NOT respect nor disrespect, but the action and feelings of a spoiled

Child who themselves have no concept of what real respect is or how to give or receive proper respect.

This lack of education has given them the idea that they can cause physical harm to anyone who they perceive has disrespected them, and we have allowed this to happen so we are partially to blame.

We must set the example of respect, by both giving it to those who deserve it and withholding it from those who do not!

Contrary to popular, Societies belief structure that just because a person wears a uniform does not mean they are worthy of respect, nor more so than the poor uneducated cracked up gang member is worthy of respect.

Fear of something is not respect, it is fear, and when any animal (including human) is trapped or feels trapped and in fear; that is not respect but a person at their most unpredictable and most dangerous, which only adds to the the paranoid, violent atmosphere ~~with~~ within the prison systems.

So what can be done? What steps are taken now must be slow and deliberate and done by everyone that reads my words.

Nothing can be done quickly, nor will the changes we are trying to influence happen over night. The reason is simple, if you rush this without the proper patients and calmness, they, the violent, disrespect, ruling Class of prisoners will perceive the threat to their control and take violent steps to resist and stop it from

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in the prison system!

7. Always keep in mind what you are doing, we must be less talkative and more contemplative in order that we do not sabotage the work that we are doing.

Now my Sisters and brothers, Friends, Allies, etc.. I do not know if there will be an issue #3, so much for me to do on a daily bases just to accomplish this system where I live, but I tell you this, I currently live in a building of over 100 people and only 6-8 give me any negative responses to my being here. All others associate with me, seek out my advise in Law, relationships, etc... and they are my greatest shield as those few would not think to take actions against me with so many others that respect and care about me.

It is also my intention to move from here and to start anew at another institution. Why you ask? If I have peace and respect here and have made the changes that I have mentioned, would I ever want to move? Well My dear ones, that is simple, so I can effect the most change in the most places to make more places safe and more accepting of us and others that do not fit within the current prison Paradigm of violence, hate, prejudice and bias!

No, I do not recommend this as a path for you to follow, it is good if we all effect our own little pools, and like a stone dropped into water, the ripples will go forth and effect changes, as for me, it is

out, and it will be worse because they will feel that you lied to them, being both disrespectful and deceitful. It has been proven by my own life as well as the actions of others that a great amt. of respect can be gained by standing up and saying I am TS or gay or whatever, but I am not here to do anything other than my time in a way that does not endanger myself or others; so please don't ask me to!

This maneuver usually starts small, a few people come to you to get more info. to be sure you are truly not a threat. They pass it on and after a period of time you will be accepted even if they don't agree with what you are.

5. It is absolutely important that you get and keep the trust of those around you, Don't steal, don't lie, Carry messages unopened, help in anyway you can, but stay out of Drugs, Alcohol or violence, refuse plain out to do these things. Yes, on occasion you might get a beating at first, but in the long run you will be saved from a lot more pain and even death by standing firm!

6. Do not become a snitch! People who fear the snitch in prison kill them or cause such physical injuries as to make you wish you had died, not to mention that you will gain alot of respect once they realize you will not be running to the cops every minute, so they will begin to come to you to ask your advise on Girl/Boy/Relationship issues and this will further gain you worth, Respect and Credibility

being carried out at all cost. They have gained their places through violence and a regiment to de-humanize themselves so they can hurt, maim, torture, rape and kill without regret or remorse, so it is very important that this is done slowly so they are unaware of the changes being made to their system. That means no outward blatant resistance to their rules or protocols, but this is slow and will cause the changes eventually and the more who are doing this, the more it will change, not just in the prisoners but the guards and in every aspect of the prison life!

You see, Respect, when done right, given with respect in a caring way causes a slow but enivitable reboot of the human feelings that have been kept locked away so they can rule by fear and terror, and the more of the people that grow from this and become respectful act like water running over stone, it time it cuts itself a path and the resistance is moved out of its path in a slow but inevitable process.

As stated before, it is not only important to give the respect that is deserved but to not give respect when it is not.

Now, this does not mean to become belligerent just more like passive, if given an order by a guard, do it, but make it clear by your actions and interactions with a guard who like that, that you are doing it because of policy, not because they have earned any respect from you! There are too many mean, violent and Corrupt Judges, Lawyers,

politicians, Police, Guards etc... the respect is not done to them based solely on their uniforms or their employment! They must earn your respect just as you must earn theirs!

Yes, if we expect others to give respect, we must also earn it for ourselves, and at every institution and every prison system we must bring this forth to cause the changes that are necessary for us to survive and not fear daily for our lives.

So the basic steps are simple, be friendly and nice as well as caring and respectful to those whom have earned respect. Greet them daily with smiles and a Good Morning or have a good day, and ask how they are doing and mean it!

Those who do not deserve respect you do not treat this way, they are treated as though they exist, that they are there but hold NO special place or emotion in your life, it will take practice for some of you not to show the fear and hate that have become conditioned within you, but you can do it, and by following these steps where others can see it, they will begin to question why this is and when they come to the answer and approach you to be your friend etc.. you must be ready to leave their past transgressions in the past as long as they do not go back to their past actions, if they do, you go back to NO respect no emotions etc.. till they come around again..

People who are educated may clearly see the well known Conditioning principle of 'Pavlov's Dog' in this, and I do not deny that it exists. What works, works but instead of giving positive reinforcement in treats etc, they receive it in the warmth, Love and Caring of a fellow human being, and they don't realize it, but even though they have turned their human side to a desert, they will drink in the moisture to their barren, arid souls and that moisture of Respect, Caring and kindness will intine cause fertility to sprout again against all their resistance.

Okay, the dry basic principle is down, but how to act in a daily way or with personal actions to cause this new paradigm in the prisons.

1. Give the respect that you yourself want to those who have earned it
2. Do not give into the anger/hatred of non-respect to those who "don't", give it out through your actions, etc.. the total loss of respect and feelings of any kind to those who do not deserve respect.
3. Respect those around you, their health and fear of loss of health to Aids, Hep C. etc.. ~~but~~ by being selective in taking partners and not being promiscuous! Say NO and stand by it.
4. State your position and take honesty when asked about your sexuality, your position etc... Hiding in a closet is NOT the answer! You know as well as I do that there are no secrets in prison and the predators of the prison system will find you