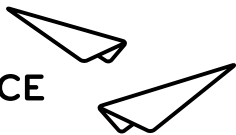


# PRISONER CORRESPONDENCE PROJECT



# RESOURCE LIBRARY BIBLIOTHÈQUE DE RESSOURCES

**EN:** This is a list of resources available through our Resource Library as of Winter 2024. All resources are available free-of-charge to prisoners and are yours to keep. Stamp donations are always appreciated but never required. We are always updating this library, so please send any suggestions of things you would like to see added or any resources you have access to that you would like to share with others.

Please note that we are only able to send five or six resources at a time, but there is no limit on how many times you may order. If your prison limits page count, please take into consideration that underlined resources are more than 15 pages long. The full resource library is available on our website, so if you have a penpal through the project or other outside support, ask them to go to [www.prisoner-correspondence-project.com](http://www.prisoner-correspondence-project.com) to print and send resources in order to get them faster.

**FR:** Ceci est une liste des ressources disponibles à travers notre bibliothèque de ressources en date de l'hiver 2024. Toutes les ressources sont disponibles sans frais pour les prisonniers et vous pouvez les garder. Les dons de timbres sont toujours appréciés mais ils ne sont jamais obligatoires. Nous nous efforçons de mettre à jour la bibliothèque régulièrement, donc n'hésitez pas à nous envoyer des suggestions de ressources à ajouter ou des ressources auxquelles vous avez accès et que vous aimeriez partager.

Prenez note que nous pouvons seulement envoyer cinq ou six ressources à la fois, mais il n'y a pas de limite au nombre de commandes que vous pouvez faire. Si votre prison limite le nombre de pages que vous pouvez recevoir, notez que les ressources soulignées ont plus de 15 pages. L'entièreté de la bibliothèque est disponible sur notre site web, donc si vous avez un.e correspondant.e grâce au projet ou d'autre support à l'extérieur, demandez-lui d'aller au [www.prisoner-correspondence-project.com](http://www.prisoner-correspondence-project.com) pour imprimer des ressources et vous les envoyer pour que vous les receviez plus rapidement.

## EMOTIONAL SELF-CARE

### **ANXIETY: A SELF-HELP GUIDE FOR PEOPLE IN PRISON**

This zine examines many aspects of anxiety and strategies for overcoming it.

### **COGNITIVE BEHAVIOURAL THERAPY (CBT) SKILLS TRAINING WORKBOOK**

A self-help workbook based in CBT, a form of therapy that focuses on challenging negative thoughts. For anxiety and low mood. Not prison-specific.

### **DEPRESSION AND LOW MOOD: A SELF-HELP GUIDE FOR PEOPLE IN PRISON**

This zine aims to help you cope with depression, offering practical solutions.

### **DIALECTICAL BEHAVIOR THERAPY (DBT) SKILLS WORKBOOK CHAPTER 1**

Basic distress tolerance skills workbook based in DBT, which combines cognitive behavioural techniques with mindfulness

and acceptance. Not prison-specific.

### **FREEING THE HUMAN SPIRIT THROUGH MEDITATION AND YOGA**

A one-page illustrated guide to some basic yoga poses and meditation that can be done in prison.

### **HEARING VOICES COPING STRATEGIES**

A list of strategies for coping with hearing voices, compiled by the Hearing Voices Network.

### **HOPE FOR HEALING**

Information for survivors of sexual assault in prison.

### **HURTING YOURSELF**

A workbook that aims to encourage reflection and awareness of many aspects of self-injury.

### **NAVIGATING CRISIS**

A resource from the Icarus Project, which outlines what you can do when you or someone close to you is having a mental health crisis.

### **POST TRAUMATIC STRESS: A SELF-HELP GUIDE FOR PEOPLE IN PRISON**

This zine aims to help you understand reactions to post-traumatic stress, offering practical suggestions to help you cope.

### **PRISON RAPE SUPPORT PACKAGE**

Addressing issues of support and law reform around sexual assault in men's prisons.

### **SELF CARE ON THE INSIDE**

Created by the Sylvia Rivera Law Project. This booklet offers tips and activities to help you take care of yourself in prison.

### **SOARING BEYOND THE WALLS**

From Boston ABC. Practical tools for grounding and other mental wellness exercises for prisoners.

### **SOBER QUEERS DO EXIST**

A compilation of personal stories about being sober and queer (not prisoner-specific).

## **STAYING OUT OF THE HOSPITAL: A GUIDE TO SURVIVING PSYCHOSIS**

A guide which provides support and guidance for people going through mental health crises, from a non-judgmental and holistic perspective.

## **SUPPORT: SEXUAL ABUSE AND SURVIVORSHIP**

A zine showing ways to prevent sexual violence and support survivors of sexual abuse.

## **SURVIVAL IN SOLITARY**

A collection of writing, poetry and information about coping with solitary confinement and life sentences.

## **TAKING CARE OF YOUR BODY AND MIND**

A pamphlet on safer slashing/safer cutting in prison.

## **TRYING TO UNDERSTAND SELF-INFLICTED VIOLENCE**

A short zine about dissociation, and the reasons why people might choose to use self-injury to cope.

## **UNTREATED MENTAL ILLNESS IN PRISON**

A comic by E.L. Tedana & J. Coffey who are both incarcerated in Texas. It discusses sleep deprivation and mental illness within the confines of prison.

## **THE VOICE INSIDE - A PRACTICAL GUIDE TO COPING WITH HEARING VOICES**

An in-depth guide written by the Hearing Voices Network that explores what it's like to hear voices and how to cope better with the experience, along with a history and analysis of the Hearing Voices movement.

## **PHYSICAL WELLBEING**

## **A PRISONER'S GUIDE TO HEALTH AND MEDICAL INFORMATION**

A comprehensive guide to basic injuries and illnesses, with practical advice for cell treatments and what to expect from doctor's visits.

## **SAFER SEX**

### **FOR BAREBACKING: HOW TO FUCK MORE SAFELY**

An article about how to reduce the risk of transmitting HIV/AIDS and other STIs when fucking without condoms. Not prison specific.

### **BEYOND APPEARANCES**

A basic guide on HIV/AIDS issues and prevention for prisoners, sex workers and other "high risk" communities.

### **THE BOTTOM LINE**

Not prison specific. A guide to anal health: how the ass works, what it does, how it relates to other parts of the body, and how to get maximum pleasure from sex with minimal pain or damage.

### **BRAZEN**

A safer sex guide by and for trans women. Not prison specific.

### **HERPES: A PATIENT'S GUIDE**

An explanation of what herpes is, when to test for it, and a guide to symptom management and living with herpes. Not prison specific.

### **MY SEX LIFE: INFO FOR YOUNG POZ PEOPLE**

A sexual health resource designed to help people living with HIV navigate and explore sex, but has useful info for everyone. No nudity. Not prison specific.

### **QUEERSAFE**

A zine about safer sex for queer people, different STIs, and how to take care of specific body parts. Not prison specific.

### **READING THIS CAN SAVE YOUR ASS**

Safer rimming tips.

### **RISK IN PRISON**

Two short articles about the concept of "risk" and "risky sexual behavior" in prison.

### **USING YOUR HEAD WHEN GIVING IT**

Safer blowjob tips.

## **VIH Y EL JOINT**

A basic resource sheet about reducing the chance of transmitting HIV in prison. Spanish only.

## **WOMEN LOVIN'**

A zine on sexual health issues for queer women, with practical tips and risk-reduction strategies. Not prison specific.

## **YOU IMPROVISE TO SURVIVE: NEGOTIATING SEXUAL "SAFETY" FOR QUEER AND TRANS FOLKS, INSIDE AND OUT**

A short compilation of members' submissions discussing their ideas around safer sex in prison.

## **LIVING WITH HIV/HEP C**

### **CLINICAL TRIALS: WHAT YOU NEED TO KNOW**

Some basic information about clinical trials: how they're run, how people can join a trial, and what to expect if you decide to participate.

### **HEPATITIS C: GET THE FACTS**

The basics on Hep C. Plain language information and detailed illustrations.

### **HEP C: MANAGING COMMON SYMPTOMS AND TREATMENT SIDE EFFECTS**

For people living with Hep C.

### **HIV AND AGING**

What it's like to grow older while poz, and how HIV interacts with changing physical and mental health as you age. Not prison specific.

### **HIV AND EMOTIONAL WELLNESS**

This booklet provides practical information that will help people living with HIV find and maintain emotional health.<sup>B</sup>

### **HIV AND HEP C COINFECTION**

Answers some basic questions about living with HIV and Hepatitis C.

### **HIV DISCLOSURE**

A legal guide for gay men in Canada.

## **JUST DIAGNOSED: HEP C**

If you just found out that you have hepatitis C, you may have many questions about treatment, its effects on your body, and how to take care of your health overall. This booklet can help answer those questions and provide guidance on what to do next.

## **LIVING WITH HIV: STARTING POINTS**

Information on HIV and AIDS, how to stay healthy, what CD4 count and viral load tell you, and next steps.

## **LIVING WITH HIV AND HEP C COINFECTION**

Offers key information on living with both viruses, covering useful topics such as HIV and Hep C basics, the effects of coinfection, ways to stay healthy, treatment strategies and preventing transmission.

## **A PRACTICAL GUIDE TO COMPLEMENT THERAPIES**

For people living with HIV.

## **A PRACTICAL GUIDE TO A HEALTHY BODY**

For people living with HIV.

## **A PRACTICAL GUIDE TO HERBAL THERAPIES**

For people living with HIV.

## **A PRACTICAL GUIDE TO HIV DRUG SIDE EFFECTS**

For people living with HIV.

## **A PRACTICAL GUIDE TO NUTRITION**

For people living with HIV.

## **WHAT IF I'M HIV POSITIVE?**

A general, non-prison specific resource about what you should know if you test HIV positive.

## **WRITING ON HIV/AIDS**

## **CORPUS (ISSUE 1 / 2 / 3 / 4 / 5 / 6 / 7)**

A HIV prevention publication that brings health information, politics, creative work,

and essays and all issues related to HIV/AIDS, and where health and AIDS intersects with other issues faced by gay and queer communities: incarceration, racism, policing.

## **THE DEGAYING OF AIDS & RECLAIMING CULTURE**

These short essays speak to how AIDS has been de-gay and the effects of this on, among others, prisoners and communities of colour. Spanish and English.

## **GAY BOY TALK: STOPPING HIV INFECTIONS AMONG YOUNG GAY MEN**

An article discussing the importance of influencing discourse about homosexuality at the social and cultural levels in HIV-prevention efforts targeting young gay men. Not prison-specific.

## **IF WE HAVE TO TAKE TOMORROW**

A collection of writing about same-sex and same-gender desire and HIV/AIDS, by and for gay black men.

## **LATINO SEXUAL REBELLIONS**

Art and writing by Latino men on family, sexuality and HIV.

## **THIN LINES: PERSPECTIVES ON HIV/AIDS FROM BEHIND BARS**

Interviews with prisoners living with HIV/AIDS, plus harm reduction tips and basic healthcare information.

## **TO BE LEFT WITH THE BODY**

From the AIDS Project Los Angeles (APLA). Poetry, prose and photography about the marginalization and criminalization of queer and HIV-positive communities. By and for HIV-positive folks.

## **PRISON ABOLITION**

## **AGAINST INNOCENCE: RACE, GENDER AND THE POLITICS OF SAFETY**

By Jackie Wang. An essay arguing that society's obsession with the "innocence" of victims of police and state violence makes revolutionary and insurgent politics unimaginable.

## **FIRE ANT: ANARCHIST PRISONER SOLIDARY #17**

A quarterly publication focused on amplifying the voices of anarchist prisoners and generating mutual aid solidarity for imprisoned comrades. A collaboration between anarchist prisoners and anarchists in Maine.

## **HELL NO, WE WON'T GO: IN CONVERSATION WITH LAURA WHITEHORN**

The transcription of an interview we did with former political prisoner Laura Whitehorn, on anti-prison organizing, HIV mobilizing and being gay in prison.

## **HOW TO TALK TO WRESTLING FANS ABOUT PRISON ABOLITION**

A comic that appeals to that special wrestling fan in your life, but will help you talk to everyone you meet about piledriving the carceral state.

## **THE LAST PLANTATION**

A comic zine by E.L. Tedana, who is incarcerated in Texas, on prison slavery and the state's dependency on free labour.

## **NO PRIDE IN PRISONS**

Articles challenging the motives and effectiveness of Correctional Services of Canada's prohibition of relationships in prisons, written by current and former prisoners. Personal and striking, these writings offer a look into the treatment of LGBTQ prisoners in Canada.

## **ONE FOR THE BOOKS: AN ACCOUNT OF THE 2016 SAS-KATCHEWAN PENITENTIARY RIOT**

This detailed and thoughtful interview with a member of a prison wives support group traces the conditions and events that led to and followed a riot in a Canadian prison.

## **PRISON ABOLITION: A DEBATE**

Two articles that originally appeared in Jacobin magazine. How to End Mass Incarceration, by Roger Lancaster, and What Abolitionists Do by Dan Berger, Mariame Kaba and David Stein.

## **RACIAL CAPITALISM AND PRISON ABOLITION**

An illustrated zine that makes accessible theories of Black Marxist and prison abolitionist scholars.

## **UNDER NEW MANAGEMENT: RESISTANCE TO PRISONS IN ONTARIO & QUEBEC**

A history of the establishment of the Canadian prison system, and of prisoner resistance in Ontario and Quebec.

### **RESOURCE LISTS**

## **BACK ISSUES OF THE WORD IS OUT!**

Our very own Prisoner Correspondence Project newsletter. Includes featured resources, prisoner art and writing, callouts for our different projects, and a list of all our services. Issues 1-24 available. Most recent issue sent unless others requested.

## **BLACK AND PINK LGBTQ PRISONER RESOURCE LIST**

Resources for trans and queer prisoners, useful for anyone who is discriminated against for their gender, self-expression, or sexual practices. Focus on US resources. Compiled by members of Black & Pink.

## **CANADIAN PUBLICATIONS FOR PRISONERS**

A list of publications written by or for prisoners in Canada.

## **CELL COUNT**

A general newsletter/list of services and resources offered by PASAN, the Prisoner HIV/AIDS Support Action Network. Also includes tips on safer drug use, etc. We'll send you the latest edition (Canada).

## **PARC PRISONER ACTIVIST RESOURCE GUIDE**

A collection of organizations and services offered to prisoners (USA).

## **PREA LIST**

A resource list put out by the National Prison Rape Elimination Act (PREA) center.

## **PRISON BOOK PROGRAMS**

A national list of groups that send books to prisoners (USA).

## **A RESOURCE LIST FOR THE INCARCERATED NATIVE AMERICAN**

Includes listings for newspapers, book programs, legal resources and education programs for Native American prisoners (USA).

## **STRAIGHT/NON-QUEER PENPALS**

A list of organizations that run penpal programs for non-queer prisoners.

### **LEGAL**

## **CRIMINAL LAW: HOW TO USE THE LAW LIBRARY AND WRITE YOUR OWN LAW WORK**

By jailhouse lawyer Sal Salerno. This booklet provides information on how to use law library materials, prepare a basic legal document, and understand a standard path through the courts - from trial to petitioning the Supreme Court.

## **CRIMINAL LAW: CASE CITATOR**

By American jailhouse lawyer Sal Salerno. This resource outlines some tools for understanding the court system: what can be filed, how to prepare and file a pleading, and other topics including a helpful list of case notes, citations and standards of review.

## **CRIMINAL LAW CONCEPTS**

By American jailhouse lawyer Sal Salerno. This booklet outlines often-used concepts in criminal law. Covers topics such as: Manifest Weight, the Presumption of Correctness, working with ineffective counsel, accessing courts and more.

## **CRIMINAL LAW FORMS**

Meant to accompany the How to Use the Law Library booklet. Outlines useful legal forms often needed in criminal law cases. Provides examples of legal forms filled in with fictional cases.

## **FLORIDA LEGAL AID**

A resource list of legal aid and pro bono organizations in Florida.

## **GUIDE TO LEGALLY CHANGING YOUR NAME AND GENDER WHILE INCARCERATED**

Published by the TGI Justice Project. Resources on changing your legal name and gender while incarcerated in a California state prison.

## **JAILHOUSE LAWYER'S MANUAL**

A handbook of legal rights and procedures for use by people in prison. 36 chapters informing prisoners of their legal rights and how to secure these rights through the judicial process. We will send the first four chapters and table of contents, with additional chapters available by request (USA).

## **KNOW YOUR RIGHTS**

Guide from the ACLU on laws, court decisions, and advocacy tips to protect transgender prisoners (USA).

## **NAME CHANGES FOR TRANSGENDER ADULTS IN NY STATE PRISONS**

A 53-page step by step resource from the Sylvia Rivera Law Project to guide you through the process of changing names in New York state prisons.

## **PENNSYLVANIA LEGAL AID**

A resource list of legal aid and pro bono organizations in Pennsylvania.

## **PRISON LAW BOOKLETS (CANADA)**

A series of short booklets explaining key legal concepts and your rights re: maintaining your own documentation, temporary absences, filing grievances, searches, segregation, and submitting complaints to the Human Rights Commission. Aussi disponible en français.

## **REGISTERING WITH DIGNITY**

A practical guide for reentry and life on the registry.

## **TEXAS LEGAL AID**

A resource list of legal aid and pro bono organizations in Texas

## **TGI JUSTICE PROJECT**

A brief overview of the programs and services offered by the Transgender, Gender-variant and Intersex Justice Project, and how to contact them (USA).

## **TRANS/GNC GUIDE TO PAROLE PREP**

Common challenges trans and gender non-conforming prisoners have faced when preparing for parole board meetings, and strategies to address them.

## **TATTOOING**

### **TATTOOING AND YOU: THE SAFEGUARDS WITHIN PRISON WALLS**

Pamphlet on safe tattooing inside prisons: things to consider and materials to use.

## **DRUG USE**

### **BE KIND TO YOUR VEINS**

A resource list of legal aid and pro bono organizations in Texas

### **BENZODIAZEPINE**

An introduction to safer benzodiazepine use.

### **CONSEILS POUR PRÉVENIR LES SURDOSES DE CRYSTAL METH (FRENCH)**

### **CONSEILS POUR PRÉVENIR LES SURDOSES D'OPIACÉS (FRENCH)**

### **CONSEILS POUR PRÉVENIR LES SURDOSES DE STIMULANTS (FRENCH)**

### **KEEPING FIT**

A prisoner's guide to syringe care, cleaning your needles, and what to do to take better care of your body while shooting up in prison.

### **METHAMPHETAZINE**

An introduction to safer methamphetamine use.

## **MY CRACK KIT**

A short pamphlet on how to safely use crack and reduce the risk to your body and lungs.

## **TIPS FOR PREVENTING OVERDOSES FROM UPPERS**

A short pamphlet on preventing overdoses from uppers.

## **WOUND CARE**

A guide to preventing and caring for injections and wounds from injection.

## **COMING OUT / IDENTITY**

### **AFRICAN AMERICANS COMING OUT**

A basic, non-prison specific guide to coming out for gay and lesbian African Americans.

### **BENT BARS**

From our sister org in the UK, a compilation of stories about coming out in prison.

### **BISEXUALITY 101**

A great collection of articles compiled by PFLAG about the basics and history of bisexuality and biphobia, along with some answers to frequently asked questions.

### **THE GENDER BOOKLET**

A short booklet introducing terms, concepts and history around gender and transgender identities.

### **GETTING TOGETHER**

The ins and outs of dating and relationships for gay and bisexual men.

### **INTRO TO INTERSEX ACTIVISM: A GUIDE TO GAY, LESBIAN, AND BISEXUAL ALLIES**

A short guide for people who are interested in knowing more about intersex identities and intersex activism.

### **MAKING THE LIVES OF TRANSEXUAL PEOPLE VISIBLE: ADDRESSING THE POLITICS OF SOCIAL ERASURE**

An examination of how social institutions and theoretical approaches have led to the erasure of transgender experiences.

## **PREGUNTAS FRECUENTES SOBRE LAS IDENTIDADES LGBT**

Información sobre las identidades gay y transgénero en español.

## **MENTAL HEALTH IN THE BISEXUAL COMMUNITY: BIPHOBIA, BI ERASURE, & GETTING HELP**

This brochure draws attention to the mental health issues in the bi community and suggests ways to help find support and tips of self care.

## **A RESOURCE GUIDE TO COMING OUT AS BISEXUAL**

Published by the Human Rights Campaign, this guide is designed to prepare you for potential challenges of coming out as bisexual.

## **TIM TUM, A TRANS JEW ZINE**

Concentrates on the struggle of being a young transgender man, issues of identity, and visibility among both queer and heterosexual groups.

## **WE ARE PART OF A TRADITION**

Information on 2 spirit identities, histories, and interactions with Indigenous communities.

## **LGBTQ PRISONER WRITING**

### **BUILDING BRIDGES**

A short article by Lin Elliot written in the mid-90s that provides a brief overview of the realities of being queer in prison.

### **CATHERINE LYNN QUICK 3-PACK**

Includes 3 short zines: 1) How to Change Your Prison (Insightful lessons on understanding the laws and regulations around trans inmates), 2) Choosing Life or Death (On suicide, supportive words to those considering suicide), and 3) When Your Sky Has Fallen (what happens and what your options are when you have truly nothing).

### **DEMA DAYS (ISSUE 1 / 2)**

A zine to keep you busy during lockdown or an otherwise boring day.

## **DYKES AND FAGS WANT TO KNOW**

Interviews with prominent lesbian political prisoners Laura Whitehorn, Linda Evans and Susan Rosenburg. Originally published in 1991.

## **ENTER THE CAT HOUSE**

Two short zines from Catherine Lynn Quick, longtime member of the project. Words of wisdom from Mother Cat.

## **FEMALE KEEP SEPARATE: PRISONS, GENDER AND THE VIOLENCE OF INCLUSION**

A critique of Canada's 'trans-inclusive' prison policies, and an exploration of how gender is both experienced and enforced in prison. Written by a trans anarchist and former prisoner.

## **GENDER ANARKY: A TRANS-LESBIGAY 2 SPIRIT ZINE**

A short zine put together by a US transsexual prisoner about trans issues and hormone access in US and California prisons.

## **GLBT? GOING TO A FEDERAL PRISON?**

A booklet put together by Catherine Lynn Quick, a longtime member of the project, on what to expect for LGBT people when first going to a federal prison.

## **IMPRISONED PRIDE: HOW QUEER AND TRANS PRISONERS GET WRITTEN OUT OF MAINSTREAM PRIDE MOVEMENTS**

An anthology of writings by queer and trans prisoners about pride. A zine put together by the Prisoner Correspondence Project, including a transcript and photos from an event organized in the summer of 2008, during Montreal pride festivities.

## **LEFT BACK: ISSUE 3**

Gay punk prisoner zine distributed by Fanorama: includes poetry and writing about prisoner life.

## **ME INSIDE OF ME**

A comic zine by E.L. Tedana, who is incarcerated in Texas. It represents the author's journey from self-sabotage to self-acceptance.

## **A NEW PERSPECTIVE ON BEING A TRANS WOMAN IN PRISON**

A zine from Catherine Lynn Quick.

## **THE POWER AND POLITICS OF PRIDE**

A zine containing several articles about queer politics from an unapologetically in-your-face perspective, including criticisms of gay marriage.

## **PRISONS AND CLOSETS**

Jason Lydon (from Black & Pink) writes about his experiences being in prison and a queer, and about negotiating outness.

## **THOUGHTS OF MY LIBERATION**

A zine put together by two-spirit Native American prisoner Iron Tipi Warrior about his experience of prison.

## **TRANSITIONS**

A zine by Fatima Shayla Pearl featuring some spoken word, erotica, book reviews, and truth.

## **TRANZLESBOS**

A short zine including poetry, for transsexual lesbians, put together by trans lesbian prisoner Amazon, who is currently inside in California.

## **TRUE FLUIDITY**

A comic zine by E.L. Tedana who is incarcerated in Texas. It depicts some of the creative ways that prisoners make art on the inside with unconventional supplies and inventive techniques.

## **A VIEW FROM TREBLINKA DUNGEON, PELICAN BAY**

An article written by Lofofora Contreras about her time spent incarcerated at SHU at Pelican Bay as a transsexual woman, and about trans prisoners coming together to support one another in the face of torture.

## **WIENER SOCIETY**

A gay punk zine put together by Neil, a prisoner in the US. Includes poetry, music reviews, etc.

## **TRANS HEALTH**

### **FAQ ABOUT TRANSITIONING**

A guide for people who are trans or questioning their gender to help navigate their options for next steps to take. Includes info on trans identity, medical transition options (surgery & hormones) and dating.

### **FEMINIZING HORMONES AND SURGERIES**

An 18 page document created by Trans Care British Columbia, containing basic and up-to-date information about feminizing hormones and surgeries including breast augmentation, orchiectomy, and vaginoplasty.

### **FLORIDA TRANS PRISON POLICY**

A short overview of Florida trans prison policy, including relevant legal cases and advice about advocating for yourself. Written by Rayne Violet, longtime member of the project.

### **FUCKING TRANSWOMEN**

A zine about sex by Mira Bellweather by and for transwomen on everything from anatomy to communication to touch to orgasms.

### **GETTING A GENDER DYSPHORIA DIAGNOSIS**

A Prisoner Correspondence Project resource outlining the information your doctor is using to determine whether you have Gender Dysphoria. This booklet contains the Diagnostic Statistical Manual of Mental Disorders (DSM-5) chapter on Gender Dysphoria as well as some definitions, breakdowns and notes.

### **HEPATITIS C AND HORMONE THERAPY**

A pamphlet about how you can transmit hepatitis C while injecting hormones (not prison specific).

### **HORMONES WITHOUT A DOCTOR**

A comprehensive guide to street hormone use / hormone use without a doctor. Includes a pill and patch identification guide, dosage guidelines for pills, and other general tips about safe hormone use.

## **MASCULINIZING HORMONES AND SURGERIES**

A 26-page document created by Trans Care British Columbia containing basic and up to date information about masculinizing hormones and surgeries including chest surgery, hysterectomy, clitoral release, metoidioplasty, and phalloplasty.

## **STILL WE RISE: A RESOURCE PACKET FOR TRANSGENDER PEOPLE IN PRISON**

A TGI Justice Project comprehensive guide covering access to medical care, information, and referrals.

## **TRACING THIS BODY & NEW FLESH STRUGGLES**

An article about how kink and radical politics written by a transwoman.

## **TRANS HEALTH INFORMATION PACKET**

A one-page flyer for self injection of hormones.

## **WORLD PROFESSIONAL ASSOCIATION FOR TRANSGENDER HEALTH STANDARDS OF CARE**

A 109-page document outlining the worldwide Standards of Care based on the best available science and expert professional consensus. Include primary care, gynecologic and urologic care, reproductive options, voice and communication therapy, mental health services, and hormonal and surgical treatments.

## **SMUT**

### **BIG GIFTS IN SMALL BOXES**

By Patrick Califia. A transman visiting home for Christmas finds a way to keep things interesting.

### **DEMA'S DREAMS: THE ELVEN WEDDING PART 1**

An elf walks into a bar...

### **FAGPUNK (ISSUE 9/10/11/12)**

A collection of sexual experiences of a gay boy that digs boots, bondage, and mohawks (words and non-explicit pictures).

## **HEAVENLY BODIES**

By Andrea Miller. A series of short pieces in which a lesbian fucks her way through all 12 zodiac signs (words only).

## **HOT PINK**

A compilation smut zine put together by Black and Pink (words and non-explicit pictures).

## **MEATUS: A PORNZINE FOR QUEERS OUTSIDE OF THE BOX**

A collection of erotic writing about gay men (words only).

## **PAYBACK'S A BITCH**

By S. Bear Bergman. A smut story about giving control, and taking it back (words only).

## **PRETTY THIRD PARTY SURPRISE**

Mia, a pre-op trans girl is expecting to spend the night pleasing her boyfriend and her dominating mistress. Then an unexpected third party joins in on the fun. Featuring 3 versions of the story based on submissions from PCP members (words only)!

## **READ ME A STORY**

New words by Promethea (words only).

## **REVERSED SEDUCTION**

Short erotic fiction by longtime contributor Promethea. A younger female inmate develops a plan to seduce her beautiful friend with a titillating surprise ending (words only).

## **STRAIGHT TO HELL (ISSUE 66 / 67 / 68)**

One of the longest running (man-on-man) smut zines out there (words and explicit pictures with the genitals blacked out).

## **A TASTE OF SIN**

By Fiona Zeddie. Two black butches are picked up by an eager-to-please femme (words only).

## **THE VISIBLE WOMAN**

By Rachel K Zall. Two transwomen find comfort and pleasure in each other's company (words only).

## **WANTED (ISSUE 1 / 2 / 3)**

A compilation of erotic writing by prisoners, put together by the Transmission Prison Project (words and non-explicit pictures).

## **WOMEN / FEMINISM**

## **NEVER INNOCENT: FEMINIST TROUBLE WITH SEX OFFENDER REGISTRIES AND PROTECTION IN A PRISON NATION**

By Erica Meiners. The article links prison abolition and feminist frameworks to question the escalation of sex offender registries and community notification laws, the state's response to sexual violence against children and women.

## **ONE WOMAN'S STRUGGLE**

By Kebby Warner. A short zine about one woman's struggle with the DOC, medical neglect, and being a mother.

## **POCKET GUIDE FOR WOMEN LIVING WITH HIV**

By the Positive Women's Network. A pocket guide for HIV-positive women. Topics include healthy living, nutrition, getting care, treatment basics, relationships and pregnancy. It also addresses street drugs and touches on Hepatitis C coinfection. Not prison specific.

## **TENACIOUS**

Art and writing from women in prison.

## **WOMEN IN PRISON: HOW IT IS WITH US**

Author Assata Shakur was a member of the Black Panther Party who went underground. She was captured in 1973 and held as a political prisoner until 1979, when she was broken out of prison by a unit of the Black Liberation Army.

## **WOMEN'S PRISON NETWORK**

From the creators of Cell Count, this Toronto-based magazine is produced 4 times a year and features news articles about Canadian prisoners, letters, and poetry submissions from readers. Also includes important information about HIV and Hep C for women in prison.

## WOMEN'S PRISON RESOURCE GUIDE

A list of organization addresses and information for incarcerated women.

### SEX WORK

### AUDACIOUS: THE REALITY OF BEING A TRANSEXUAL OR TRANSVESTITE SEX WORKER

An article written by a member of the Prisoner Correspondence Project about hoer experiences as a transsexual sex worker dealing with the Montreal policing, court, and prison systems.

### HEY GIRLS! SAFER SEX FOR SEX WORKERS

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## WOMEN'S PRISON RESOURCE GUIDE

A list of organization addresses and information for incarcerated women.

### SPIRITUALITY

### BASIC WITCHERY

An introduction to the foundational skills of paganism by Amber Fayefox.

### THE BENT PENTACLE

A zine for queer pagans of all genders, sexualities and paths.

### THE HOLY MALE (ISSUE 1 / 2 / 3 / 4)

A queerzine encouraging the exploration of the spiritual, sexual, and artistic lives of queer men past and present.

### THE SPIRIT INSIDE: BLACK AND PINK MEMBERS ON RELIGION AND SEXUALITY BEHIND BARS

A collection of writings, poems, and reflections on faith, prison, and sexuality. Covers a variety of spiritual and religious

perspectives, including Christianity, Judaism, Agnosticism, Paganism, and more.

### HISTORY

### THE FAGGOTS AND THEIR FRIENDS BETWEEN REVOLUTIONS

A 1977 utopian fairytale novel by Larry Mitchell, drawn from experiences of queer communal life.

### LAVENDER AND RED

A twelve-issue series on the history of socialism and LGBT organizing by Leslie Feinberg.

### QUEER FIRE: THE GEORGE JACKSON BRIGADE, MEN AGAINST SEXISM, AND GAY STRUGGLE

A collection of histories, speeches and interviews with members of the George Jackson Brigade and Men Against Sexism. Stories of queer anti-prison struggle on the inside and the outside.

### STREET TRANSVESTITE ACTION REVOLUTIONARIES: SURVIVAL, REVOLT, AND QUEER ANTAGONIST STRUGGLE

A compilation of historical documents, interviews, and critical analyses of STAR, a group of street queens who self-organized for survival and revolution in early 1970s New York.

### TILL THE TIME OF TRIAL: THE PRISON LETTERS OF SIMON NKOLI

A collection of letters by South African LGBT and anti-apartheid activist Simon Nkoli to his lover, written while in prison facing charges of treason against the apartheid state.

### WHY THE ALT RIGHT IS WRONG

Adapted by the Prisoner Correspondence Project from a Youtube video by Con-trapoints. An argument against far-right ideology.

### VIVRE AVEC HEP C/VIH

### C C'PAS UNE JOKE

Information générale sur l'hépatite C, ses symptômes, sa transmission et ses traitements. (Pas spécifiquement pour les prisons).

### UN GUIDE PRATIQUE DES EFFETS SECONDAIRES DES MÉDICAMENTS ANTI-VIH POUR LES PERSONNES VIVANT AVEC LE VIH

Pour les personnes vivant avec le VIH.

### UN GUIDE PRATIQUE DE LA NUTRITION POUR LES PERSONNES VIVANT AVEC LE VIH

Pour les personnes vivant avec le VIH.

### UN GUIDE PRATIQUE DES THÉRAPIES COMPLÉMENTAIRES POUR LES PERSONNES VIVANT AVEC LE VIH

Pour les personnes vivant avec le VIH.

### UN GUIDE PRATIQUE DU TRAITEMENT ANTIRÉTROVIRAL POUR LES PERSONNES VIVANT AVEC LE VIH

Pour les personnes vivant avec le VIH.

### HÉ LES FILLES...

Dépliant informatif sur les moyens de réduire les risques de transmission du VIH et autres ITSS destiné aux travailleuses du sexe, mais pouvant être utile à tous.

### L'HÉPATITE C + LA THÉRAPIE AUX HORMONES

Dépliant sur la prise d'hormones et l'hépatite C, incluant le potentiel de transmission lors de l'injection d'hormones. (Pas spécifiquement pour les prisonniers).

### HÉPATITE C: PRISE EN CHARGE DES SYMPTÔMES COURANTS ET EFFETS SECONDAIRES DU TRAITEMENT

Pour les personnes vivant avec l'hépatite C.



## **MON KIT CRACK**

Un dépliant sur l'usage sécuritaire de crack et comment réduire les risques pour ton corps et tes poumons.

## **POSITIF ET EN SANTÉ: LE GUIDE DE SANTÉ SEXUELLE DE L'HOMME GAI SÉROPOSITIF AU CANADA**

Guide conçu et rédigé par des hommes gais vivants avec le VIH qui offre des conseils sur la santé et la vie sexuelle, le sécurisexe, et la vie avec le virus.

## **LE SEXE AU FÉMININ : UN GUIDE DE SANTÉ SEXUELLE POUR LES FEMMES QUEER**

Un guide de poche sur la santé sexuelle pour les femmes queer avec des trucs pratiques et des stratégies sur la réduction des risques. (Pas spécifiquement pour les prisonniers).

## **SUCE AVEC TA TÊTE**

Conseils pour des pipes plus sécuritaires.

## **TRAITEMENT HORMONAL FEMME À HOMME**

Survol des méthodes de prise d'hormones, de leurs effets et réponses aux questions fréquentes sur le sujet. (Pas spécifiquement pour les prisons, certaines informations sont spécifiques au Québec).

## **TRAITEMENT HORMONAL HOMME À FEMME**

Survol des types d'hormones communément prescrites, de leurs effets et réponses aux questions fréquentes sur le sujet. (Pas spécifiquement pour les prisons, certaines informations sont spécifiques au Québec).

## **VIVRE AVEC LA CO-INFECTION VIH/HÉPATITE C**

Offre de l'information utile sur la vie avec les deux virus, telle que les bases du VIH et de l'hépatite C, les effets de la co-infection, des moyens de demeurer en santé, des stratégies de traitement et des conseils pour prévenir la transmission.

## **L'ABOLITION DES PRISONS**

### **FEMME À MAINTENIR SÉPARÉE: LA PRISON, LE GENRE ET LA VIOLENCE DE L'INCLUSION**

!Qu'est-ce que le fait d'être une femme trans dans le système carcéral peut nous enseigner sur le genre et la société dans laquelle nous vivons? Ce texte s'agit d'une analyse critique de l'inclusion et de l'identité de genre à partir d'expériences vécues.